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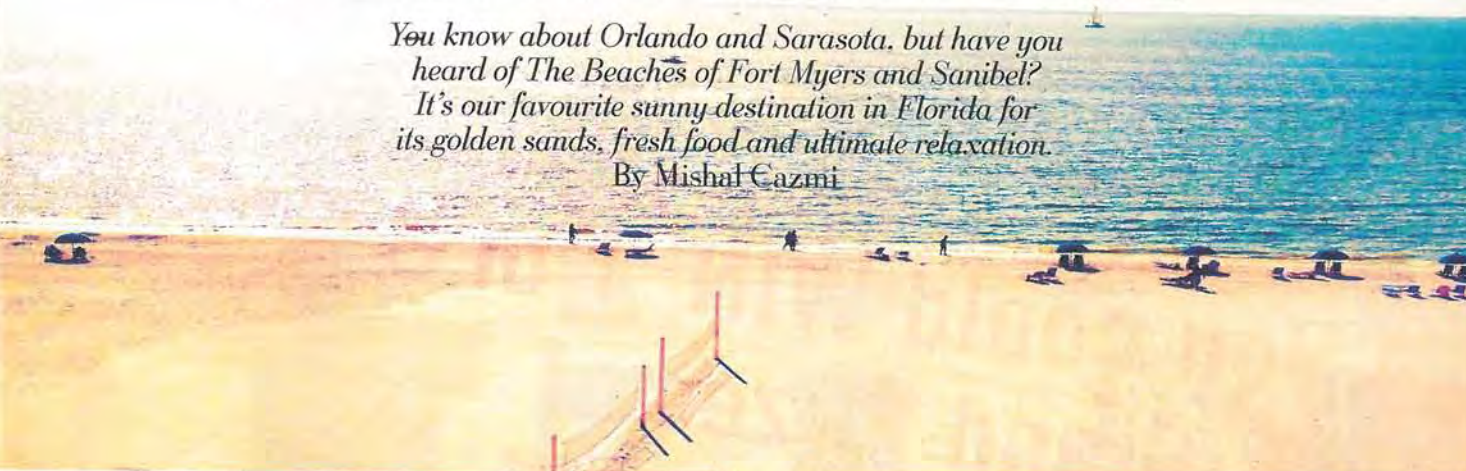


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SUNNY SIDE UP

You know about Orlando and Sarasota, but have you heard of The Beaches of Fort Myers and Sanibel? It's our favourite sunny destination in Florida for its golden sands, fresh food and ultimate relaxation.

By Mishal Cazmi



BEHIND THE SCENES!

Visit glow.ca for a behind-the-scenes diary from our shoot.

Our catamaran, The Adventure, took the team to North Captiva Island, Cayo Costa and Cabbage Key in style.

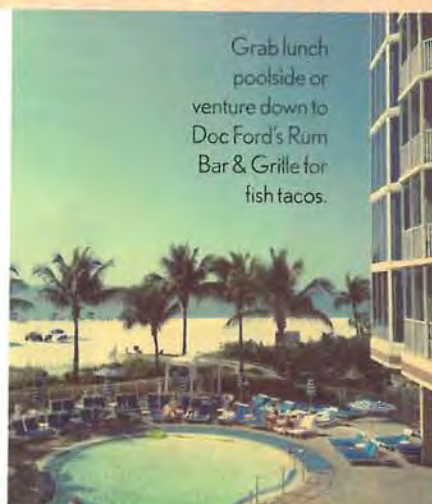


STAY

Pink Shell Beach Resort & Marina

Located on the tip of Fort Myers Beach, these spacious apartment-style suites overlook smooth sands and the Gulf of Mexico. Once you settle in, book an appointment at the Aquagène Spa, which offers treatments such as the Vitamin C Signature Facial and houses the complete line by Dr. Murad.

Grab lunch poolside or venture down to Doc Ford's Rum Bar & Grille for fish tacos.



ENJOY

A baseball game at JetBlue Park

Fans can get their game on at this recently opened baseball park, which is modelled after Fenway Park and is the spring training ground for the Boston Red Sox.

Sailing to Cayo Costa and Cabbage Key

Captiva Cruises offers daily excursions departing from Captiva Island to Cabbage Key (home to the incredible key lime pie at Cabbage Key Inn and Restaurant, and said to have inspired Jimmy Buffett's "Cheeseburger in Paradise") and to Cayo Costa, among others, where you can explore secluded beaches, swim and collect shells.

Touring Edison & Ford Winter Estates

A nod to Thomas Edison and Henry Ford, Fort Myers's two most famous snowbirds, this 20-acre historical property boasts a collection of beautiful gardens, a research lab and a museum.

Viewing Art of the Olympians Museum and Gallery

Olympians-turned-artists—like Peggy Fleming and Shane Gould, as well as the late founder Al Oerter—showcase their creative side.

SHOP

Bell Tower Shops

Stock up on designer duds at Saks Fifth Avenue before making a pit stop at Grace & Shelly's Cupcakes (a *Cake Boss* favourite).

Miromar Outlets

Bargain hunters can scour the racks for stylish finds at the Coach and J.Crew factory outlets.



Norman Love Confections

Creamy chocolate bonbons with cherries and pistachio ganache, espresso-infused truffles and apple à la mode sweets helped earn them a spot on Oprah's coveted O List.

HOW TO GET THERE

Air Canada

The *Glow* team flew from Toronto Pearson International Airport to Southwest Florida International Airport courtesy of Air Canada, which offers year-round service between Toronto and Fort Myers, Florida.

EAT

Ford's Garage

Located in historic downtown Fort Myers, this vibrant 1920s-style bar draws big crowds, thanks to its gourmet burgers and solid selection of craft beer.

Old Captiva House at the Tween Waters Inn Island Resort

This elegant eatery provides plenty of fresh fare, like an island snapper wrap and seared sea scallops. Make dinner reservations and catch the stunning sunset over the Gulf of Mexico.

