



SPECIAL TO NEWS-PRESS

Dan Forgey is shown completing a chocolate sculpture at the World Chocolate Masters in Paris.

In the kitchen

Q&A with a local chef

Dan Forgey of Norman Love Confections

ANNE REED AREED@NEWS-PRESS.COM

Norman Love Confections' Chef Chocolatier Dan Forgey was recently named a top 10 finalist at the World Chocolate Masters in Paris. Forgey represented the United States in the international competition, going against 20 chefs in three days. The Lehigh Acres resident has worked for Norman Love Confections for about eight years and jokes that he stopped counting after five. We caught up with Forgey to chat about how he balances what he eats at work with what he eats at home and what to eat for survival in Alaska.

Favorite cuisine to eat: I'm a big fan of Italian and bar food.

Favorite dish from your childhood: Loved the SOS. My mom made it with tuna.

If I weren't in this business, I'd be...: A physical therapist. I always liked massage therapy and muscle rehab.

Things you can't get through the day without: Food

Favorite quick meal: Grilled cheese and tomato soup

If you had your own cooking show, you would call it: Dan's Delicious Desserts

Guilty food pleasure: Anything with sugar. My favorite is a chocolate cake, chocolate ganache and chocolate fudge icing.

Food aversion you can't get over: Still hate chocolate and bacon

Favorite dish on your menu (and why?): We just added German Chocolate Cake to our Norman Love Confections Signature line.

What was your biggest cooking disaster: I left a pot of sugar on the stove overnight, managed to set off the fire alarm in a 300-room hotel. Oops!

Favorite SWFL restaurant other than your own: Leroy's Southern Kitchen & Bar in Punta Gorda

What are your plans for dinner tonight: Cooking some chicken breasts and vegetables. I try to balance my diet with what I eat at work!

Dream vacation: Egypt, all that is amazing!

Oddest thing you've eaten (and did you enjoy it?): Raw limpets — had to eat it for survival class growing up in Alaska. You know I had to learn that just to be safe. They aren't bad, not an oyster, but at least you won't die.



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Forgey was recently named a top10 finalist in the World Chocolate Masters in Paris and is the subject of this week's In The Kitchen.

Age: 37

Birthplace: Northern Idaho

Culinary training: An associate degree in culinary arts from New England Culinary Institute

Former gigs: Made pastries at the Naples Grande Beach Resort and worked at Sanibel Harbour Marriott Resort and Spa.

Current gig: I am the production manager and Chef Chocolatier at Norman Love Confections. Multiple locations; normanloveconfections.com

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